

Outcomes of High-Dose Chemotherapy and Autologous Stem Cell Transplantation (ASCT) in Relapsed/Refractory (RR) Diffuse Large B cell lymphoma (DLBCL) : A 22-Year Single-Centre Experience from Singapore

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ASCT in R/R DLBCL : Background & Aim

- ASCT has been the historical standard for relapsed/refractory DLBCL
- Bispecifics and CAR T are redefining the role of ASCT.
- Aim to examine real-world outcomes in multi-ethnic Asian population
- Provides benchmark for evaluating future novel therapies
- Assesses ASCT utility and guide treatment algorithm evolution

Study Design & Methods

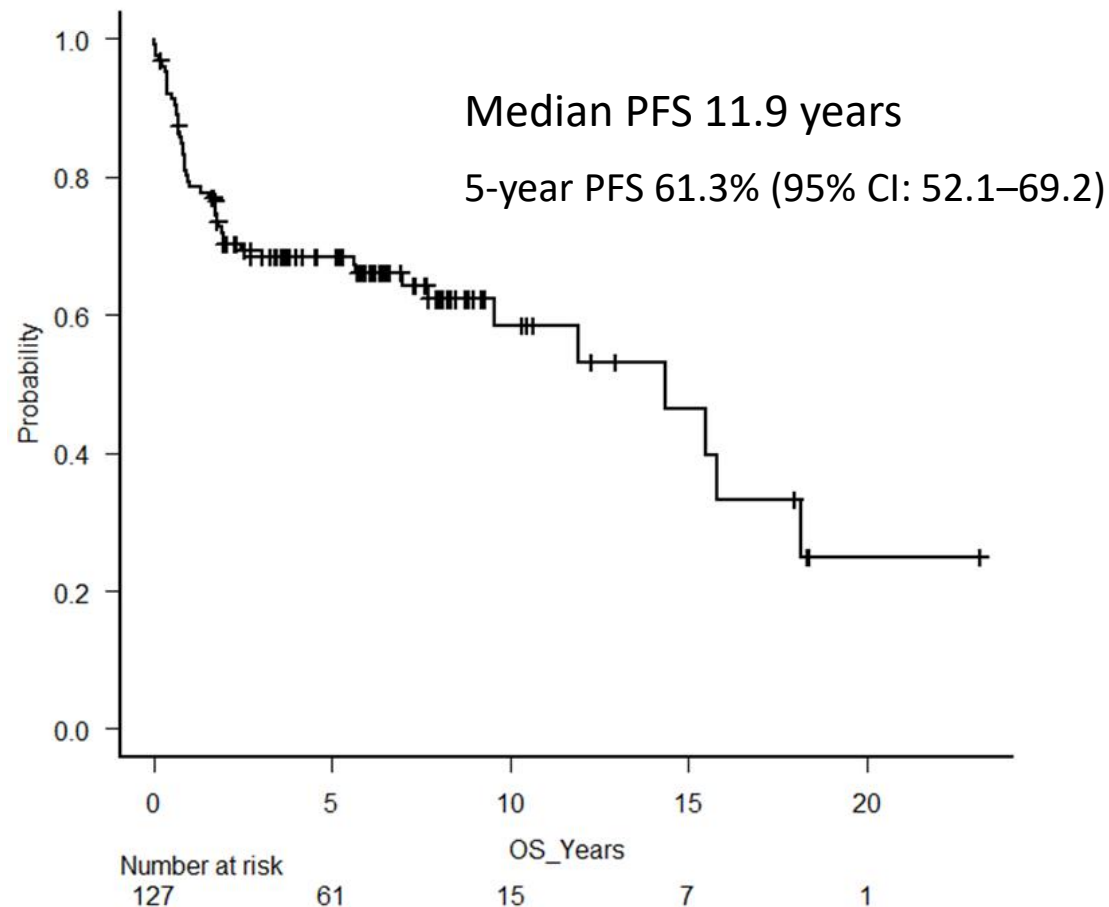
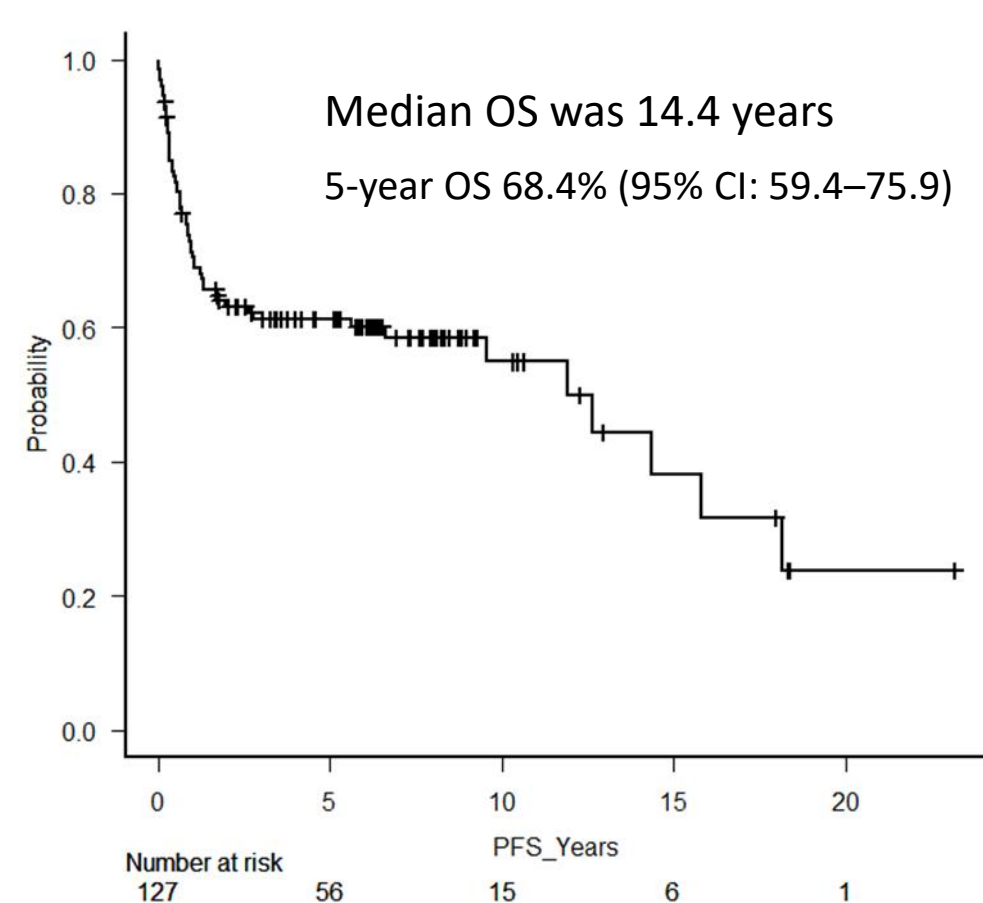
- Retrospective analysis: 127 R/R DLBCL patients
- Setting: National University Cancer Institute, Singapore (2002–2024)
- Population : ASCT after salvage therapy for R/R DLBCL
- Stratification: Pre-transplant status & relapse timing

Baseline Characteristics

Variables	No. Of patients (N=127)
Age — yr (range)	
Median	56 (17 –82)
Age group — no. (%)	
<65 years	94 (74.0)
≥65 years	33 (26.0)
HCT-CI Score — no. (%)	
0	43 (33.9)
1–2	30 (23.6)
≥3	13 (10.2)
Not Available	41 (32.3)
CNS involvement — no. (%)	
Yes	9 (7.0)
Status before SCT — no. (%)	
Complete Response (CR/CR2/CR3)	94 (74.0)
Partial Response (PR)	29 (22.8)
Refractory	4 (3.2)
Time from Diagnosis to Transplant — no. (%)	
<12 months	47 (37.0)
≥12 months	80 (63.0)

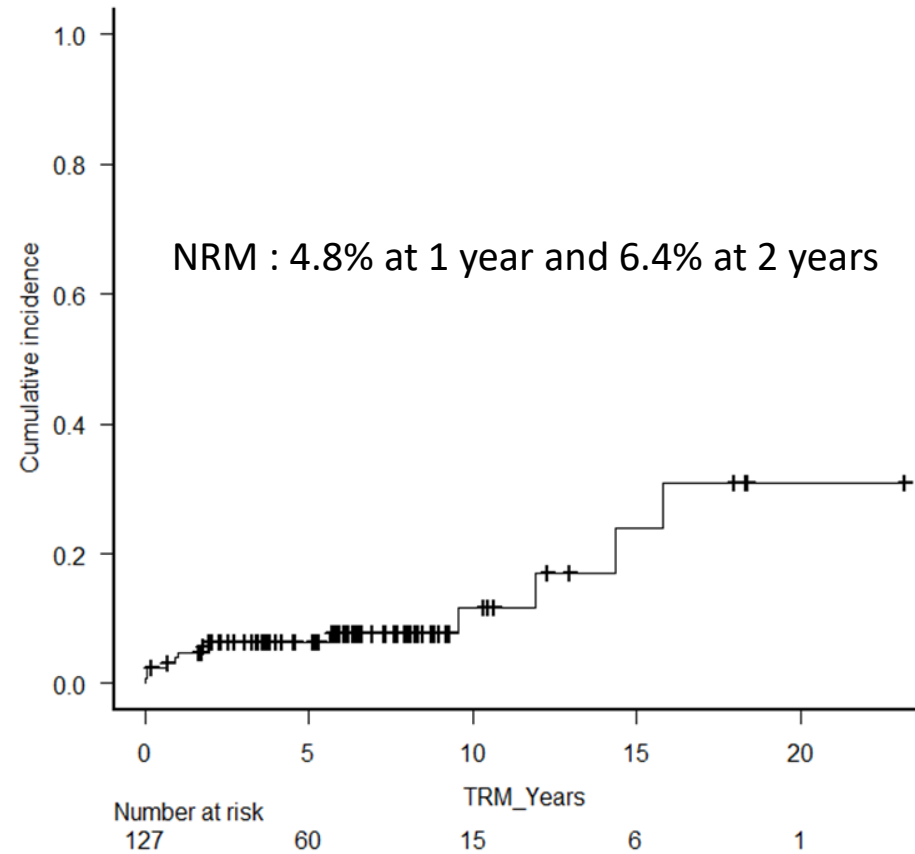
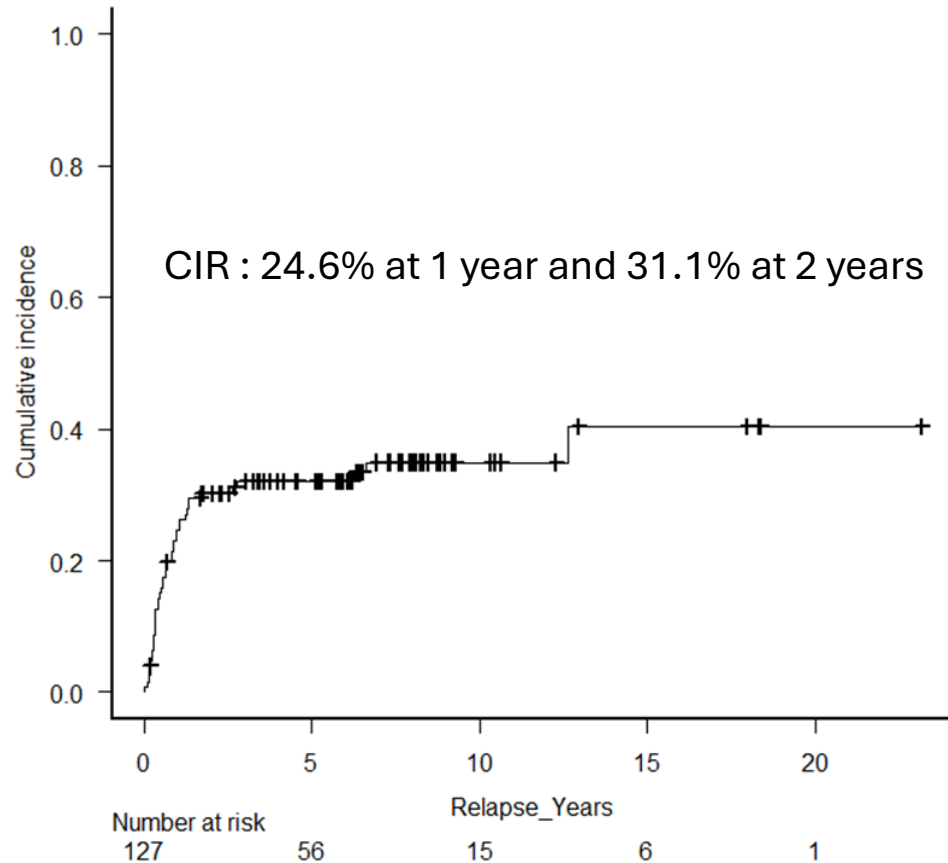
Durable OS and PFS Demonstrated

Median follow up of 4.2 years



Kaplan–Meier curves for OS and PFS in years after ASCT

Comparable relapse incidence with low treatment-related mortality



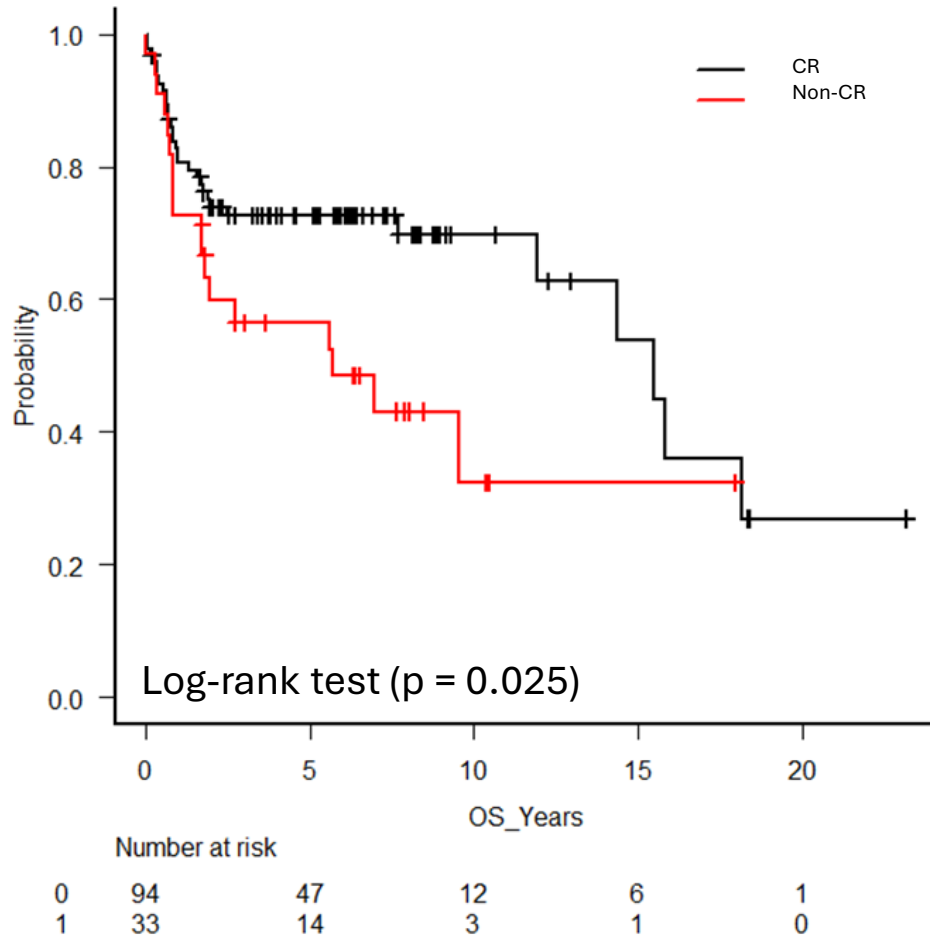
Kaplan-Meier curves for CIR and NRM in years after ASCT

Multivariate analysis and Special subgroup

OS			
Variable	Hazard ratio	95% CI	P value
Remission status pre-ASCT	2.03	1.08-3.79	0.026
Age at ASCT	1.03	1.01-1.55	0.04
Time to relapse	0.70	0.38-1.29	0.26
PFS			
Remission status pre-ASCT	1.67	0.93-3.08	0.08
Age at ASCT	1.03	1.01-1.05	0.003
Time to relapse	0.73	0.41-1.29	0.27

For patients with CNS involvement, the 5-yr PFS and OS was both 33% respectively

Impact of Pre-ASCT Status on OS



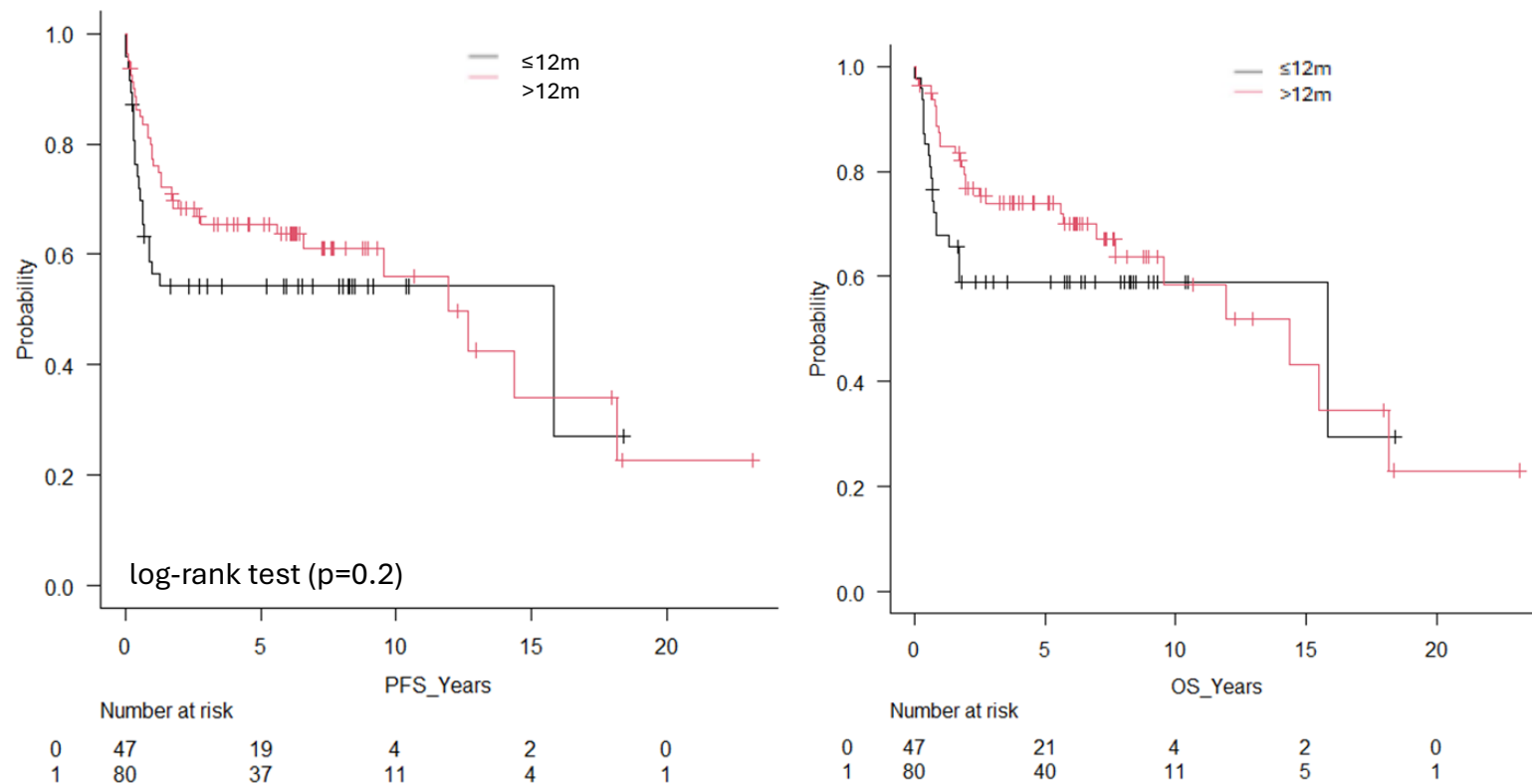
CR pre-ASCT : superior OS and PFS

Median OS : 15.5 vs 5.7 years (p=0.03)

Median PFS : 12.7 vs 1.7 years (p=0.08)

This suggests that achieving CR before ASCT is associated with substantially improved long-term survival

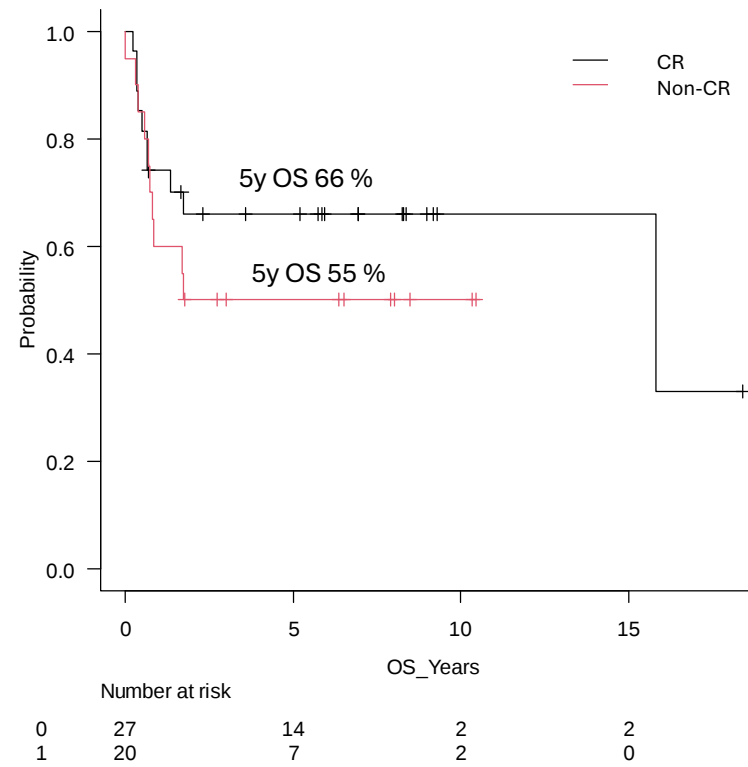
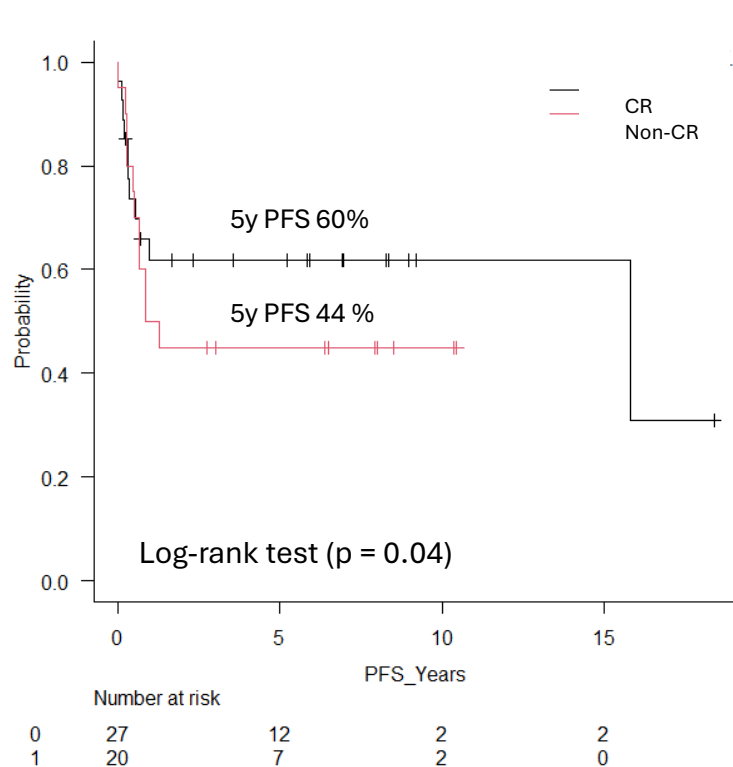
Progression-free and overall survival stratified by relapse timing



Patients who relapsed within 12 months had numerically lower 2-year OS (58.9% vs. 76.8%) and PFS (54.2% vs. 68.3%) compared with those relapsing later.

Kaplan-Meier curves for PFS and OS stratified to time to relapse pre-ASCT

PFS and OS in those with early relapses (≤ 12 months)



Amongst the subgroup of patients with early relapses who achieved CR, the 5-yr PFS and OS rates remained encouraging at 60% and 66% and respectively.

Kaplan-Meier curves for PFS and OS stratified to time to relapse pre-ASCT : Early relapse

Discussion

- Generalizability of Single-Centre Data . Age and Fitness Selection Bias.
- Relatively large cohort. Multi-ethnicity.
- Key findings : Importance of disease status Pre-ASCT
 - Superior outcome regardless of relapse timing (≤ 12 vs > 12 months)
 - If CAR T is not readily available, could consider to integrate novel bridging therapies to increase CR rates before transplant

Conclusion

- ASCT effective and safe in relapsed/refractory DLBCL, including early relapse (<12 months)
- Our study demonstrated excellent long-term OS (Median 14.4 years)
- Patient selection and achieving CR post salvage remains critical even in those with early relapses
- Further work : ASCT vs CAR-T / Bispecifics
 - Given the favorable 5-year PFS observed in patients achieving CR prior to ASCT, it is important to contextualize these outcomes against long-term follow-up data from CAR-T and bispecific antibody trials.
 - Should ASCT remain the standard for chemosensitive patients in CR, reserving CAR-T for PR/refractory disease?